

# BETTER YOU HEALTH SCREENING

Florida Blue   
BetterYou

- )UHH KHDOWK VFUHH  
FKROH VLDERWHV E  
SUHVXUH DQG PRUH  
LPPHGLDWH UHVXOW
- 7LSV RQ KHDOWK UH  
VXFK DV QXWULWLRQ  
ILWQHVV
- 9DOXDEOH LQIRUPDW  
PD[LPL]H \RXU KHDO
- ([SHUWV RQ VLWH W  
KHDOWK TXHVWLRQV

3OHDVH RBU DSSRLQWPHQW WRGD\ \$SSRLQWPHQW

Fasting for two hours prior to the health screening is recommended, NOT required.