



Health & Wellness

# How to Complete Your Wellness Screening

## With a Physician

If you are unable to make an appointment, complete your screening with a Physician Results Form.

## Download a Physician Results Form at [My.QuestForHealth.com](http://My.QuestForHealth.com)

- Use Registration Key: **CCF2018**
- Ask your doctor to complete it using recent lab results
  - Your doctor may charge a fee to complete the form
- Form needs to include all required screening values and signatures
- Make sure your doctor faxes or uploads the form to Quest Diagnostics by **10-18-2018**
- You will receive an email when your results are ready to view online
- Your printed report will arrive in the mail 2-3 weeks after your screening

**Completing your wellness screening is easy and convenient. You will receive current and accurate lab results that you can share with your doctor. We hope you take advantage of this free service.**