



The best way to protect yourself this season is by getting a flu shot and your COVID-19 shot.

With flu season right around the corner, it's important that all of our **Employees** get the flu shot early because it's the best way to protect yourself and those around you. We make it easy by offering a flu shot right here at work along with the COVID-19 vaccine.

The CDC recommends that everyone 6 months and older get a flu shot every year. Getting a flu shot today can help protect you and keep you from spreading the flu to your family, friends, co-workers, and others. During the pandemic, a flu shot is more important than ever and will help lessen the burden on our healthcare system and front-line workers.

When you get your flu shot with Walgreens, you'll help provide a lifesaving vaccine to a child in a developing country through Walgreens Get a Shot. Give a Shot program, in partnership with the United Nations Foundation.

All CF employees age 18 or older are eligible to receive the COVID-19 vaccination and booster.

Walgreens pharmacists will be on-site to administer shots

To prepare for your flu shot, we recommend that you:

- Wear short sleeves
- Complete the Vaccination Administration Record (VAR) Consent Form
- Employees are required to bring proper ID, vaccination card, and Insurance Card

Let's work together this season to help protect ourselves, our families, co-workers, and the community.

****Maybe limited to quantity available at the time of the event.****

To learn more about Walgreens immunization services, visit Walgreens.com/Immunizations and your CF Benefits website <https://benefits.cf.edu/fair.html>.

